

SAN DIEGO FOOD FINDS

SAN DIEGO'S BEST RESTAURANTS, MARKETS AND LOCAL CULINARY OFFERINGS

Calling all Breakfast Eaters

Calling all Breakfast Eaters at these four San Diego hot spots!



Whether you're enjoying the morning sun at the beach or taking a stroll on University Ave, [Fig Tree Café](#) is the best pit stop for eggs hot off the pan. Each Hillcrest, Liberty Station and Pacific Beach location comes stacked with sweet and savory selections starting at 8am. Early risers across San Diego can rejoice in waking up with a cup of 100% Fair Trade coffee, fresh eggs benedict or sugary fig jam and ricotta cheese

stuffed French toast.

If you're looking to fill your appetite with deliciously large portions before a long day of work, [Brian's 24](#) has you covered. Brian's has an extensive list of breakfast choices from corned beef hash, to benedicts, to breakfast burgers and everything in between. Brian's 24 is also the only 24-hour restaurant in the Gaslamp, meaning breakfast lovers can get their "morning" fix before the sun even rises!

Tucked away on Felspar Street in Pacific Beach is [Isabel's Cantina](#), San Diego's home for Mexican Asian-fusion grub. The early bird certainly catches the worm at this eatery known for locally sourced ingredients and thoughtfully prepared breakfast. Bold morning dishes such as soy chorizo scramble, pineapple coconut pancakes and breakfast quesadillas are served fresh out of the kitchen starting at 8am.



[Le Parfait Paris](#) is downtown's newest boulangerie with a breakfast menu sure to start any day on the right foot. All breakfast sweets, such as their croissants and pain du chocolat, are hand crafted by French native, Chef Jean Francois Fays. Add a little je ne sais quoi to an already sweet morning with a build your own eggs benedict or quiche Lorraine starting as early as 7:30AM during the week and 8AM on the weekends.

Rise and shine with these delicious culinary adventures and get your day's energy before 11am!

COMMENTS ARE CLOSED.
