

ZAGAT

San Diego's Cutest Culinary Couples

By Darlene Horn
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It's a given that relationships are hard work but imagine what it's like for couples who share a life in the restaurant business. For Valentine's Day, we talk to six local couples who work in the industry and what they do to keep the romance alive.



Guillaume Ryon and Ludi Mas

The Parisian spirit as well as romance lives in this cute French bakery. After more than seven years together, the recently married couple Ludi and Guillaume are equal founders of [Le Parfait Paris](#) who both grew up and met in France. They eventually found their way to San Diego and share their love of great food. As chief operating officer and chief executive officer of the bakery, the extensive work week keeps them on their toes.

How did you meet? We met through friends. I went to watch an American football game in France with several friends who knew some of the players. Guillaume was one of the players. I met him after the game when we all went out to celebrate their win. We had a really great connection from the start because we both had the same dream to go to the United States. We became friends and quickly became a couple. It will be eight years of happiness and love between the two of us this upcoming May 1.

How do you make your relationship work at the restaurant and at home? Even though we work for the same company, we have completely different responsibilities. We don't work together 24 hours, seven days a week. When we are home, we work out together and cook together.

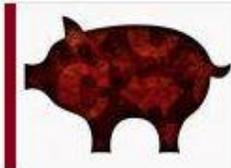
What do you do for a romantic dinner? Guillaume and I are both passionate about food. We love to take the time to cook together, choose our pairing wines and enjoy our dinner together. We also love to go to restaurants and try new places. But nothing is better than what we experience (joy and laughter) while cooking together

PLACES MENTIONED



Carnitas' Snack Shack
American • Carmel Valley

FOOD	DECOR	SERVICE	COST
27	19	22	\$15



Carnitas' Snack Shack - North Park
American • North Park

FOOD	DECOR	SERVICE	COST
27	19	22	\$15



Le Parfait Paris
French • Gaslamp Quarter

FOOD	DECOR	SERVICE	COST
-	-	-	1



Urban Solace
American • North Park

FOOD	DECOR	SERVICE	COST
26	22	24	\$32



Noble Experiment
Bar • East Village

ATMO.	DECOR	SERVICE	COST
26	27	24	E